

January 6th Lubbock, TX Camp Info Sheet

Camp located at Coronado High School Indoor Facility

There will be 5 sessions throughout the day. Limit of 12 vaulters per session. You may sign up for multiple sessions.

Cost is \$40 per session.

Session I: 8am-10am Beginners (8' and under)

Session II: 10:30am-12:30 Beginners and Intermediate (up to 9')

Session III: 1:30pm-3:30pm - Intermediate (7' – 9'6")

Session IV: 4pm-6pm Intermediate – Advanced (9'6 or higher)

Session V: 6:30pm-8:30pm Intermediate - Advanced (10' or higher)

What To Bring To Camp

- 1) Your poles. We will provide poles for those unable to bring their own.
- 2) Sweats, running shoes & track spikes
- 3) Gloves to protect hands during gymnastic drills
- 4) Your own tape, braces, etc..
- 5) Helmet – I will have helmets for sale at registration for \$30

*** Helmets are not optional ***

Who Can Come To Camp?

All vaulters from the 7th grade and higher. All campers will be grouped according to ability.

Parents and coaches are welcome to attend and observe. You will be able to better assist your vaulters as a result of attending the camp.

Still Have Questions?

If you have any further questions, or if arrangements need to be made to pick you up at the airport or bus station, please call 325-201-0447 or e-mail don.hood@brownwoodisd.org

Don't forget!!

You and your parents must sign the [release form](#) following your online registration. Bring the signed [release sheet](#) with you to the camp registration.